

Code of Conduct



- 1. Martial artist will be **honest**.
- 2. Martial artist will **honor** his/her country.
- 3. Martial artist will **respect**

his/her elders (sir and ma'am.)

4. Martial artist will practice daily **polite** greetings.

5. Martial artist will do his/her **best**.

6. Martial artist will have **happiness** through **truth**.

7. Martial artist will accept a correction from parents, teachers and instructors cheerfully.

8. Martial artist will challenge himself/herself physically, emotionally, spiritually, socially and intellectually to live a healthy and balanced life.

* Code is numbered using the progression of colors of Tae Kwon Do belt degrees: **yellow**, **orange**, **green**, **blue**, **purple**, **red**, **brown** and **black**.



The Chickasaw Nation
Bill Anoatubby, Governor

Jay Keel, Administrator
Division of Youth and Family Services

Deanna Kendall, Director
Department of Youth Services



- Martial Arts Program
- Shotokan Karate
- Tae Kwon Do
- Kito Ryu Ju Jitsu

The Chickasaw Nation

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The Chickasaw Nation

Department of Youth Services



Class Motto:
"I'm not a failure if I try."

Sensei Matt Clark
580-272-5504

Welcome to the Chickasaw Nation Martial Arts

On June 1, 1993 Chickasaw Nation Governor Bill Anoatubby initiated an unprecedented effort to focus directly and completely on the potential of Chickasaw youth by establishing the Chickasaw Nation Department of Youth Services. This department is charged with identifying all Chickasaw youth residing in the Chickasaw Nation and developing programs to enhance the quality of life for students in grades six through 12. Since 1993, programs such as the Chickasaw Nation martial arts program have been developed to provide students unique opportunities to assist in establishing healthy and balanced lives. Chickasaw youth are the tribe's most valuable resource. And as an entity of the youth services department, the Chickasaw Nation martial arts program encourages students to become involved and participate in a variety of the activities and events organized and provided by the department.



Members of the Chickasaw Nation Martial Arts Program test for their orange belts. The martial arts program of sensei Matt Clark conducts classes in Achille, Ada, Ardmore, Purcell and Tishomingo.

School Philosophy

Through consistent training of the martial arts, there will be a noticeable positive change in the overall well being of the student. Development of the physical skill is necessary at first; however, this training must also



lead to the strengthening of good feelings within. It is like listening to a beautiful symphony under the direction of a great conductor, as the beauty of the art penetrates deep into one's heart, a feeling, a good feeling, seems to radiate out. This can make one feel whole and satisfied. The Chickasaw Nation martial arts program strives to build five basic needs of the student:

1. Character,
2. Sincerity,
3. Effort,
4. Etiquette,
5. Self-control.

The martial arts also provide a structured atmosphere, promoting healthy peer relations and interactions. By also promoting academic achievement, the student is encouraged to focus on his/her potential to strive for excellence. The Chickasaw Nation martial arts program stresses taking care of the family and being a good citizen. We invite everyone to make martial arts a part of their overall healthy lifestyle.

Sensei Matt Clark

School Rules

1. **Martial artist will live an alcohol, drug and tobacco free life.** If you participate in the use of these substances, please discuss this with your instructor. We will attempt to help. Our goal is to encourage and challenge you to make healthy choices.
2. **Martial artist will keep up academic grades.** If your grade is down, we would prefer you to stay home and improve the grade and then return to class.



Young members of the Chickasaw Nation Martial Arts Program take part in a local parade in the 13-county service area.

3. **Martial artist will respect the 'fighting arts.'** We learn to walk away, not begin fights.
4. **Martial artist will respect all people.**
5. **Martial artist will address adults and instructors with sir or ma'am.**
6. **Martial artist will be gang free.**
7. **Martial artist will bow when entering or exiting the building of all dojos, and when entering or leaving the sparring ring.**
8. **Martial artist will refrain from the use of all kinds of profanity and put-downs.**
9. **Martial artist will not fight in the dojo without permission from sensei.**
10. **Martial artist will not indulge in horse-play during or after class.**
11. **Martial artist will not run in the dojo without instructor's permission.**
12. **Martial artist will pay 'dues' by the first of the month.**
13. **Martial artist will not leave the dojo without permission from sensei.**
14. **Martial artist will not wear jewelry of any kind (rings, watches, necklaces, piercings of any kind).**

